

Favourite du'as



The Young Muslims UK



Islamic Society of Britain

Favourite du'as

Du'a for good deeds to be accepted

Rabbanaa taqabbal minnaa

innaka antas-Samee'-ul Aleem

رَبَّنَا تَقَبَّلْ مِنَّا
إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

Our Lord! Accept (this service) from us:

For You are the All-Hearing, the All-knowing

[Qur'an 2:127]

Favourite du'as

Du'a for success in both worlds

Rabbanaa aatina fid-dunya hasanatan
wa fil aakhirati hasanatan
waqinaa 'adhaban-naar

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً
وَفِي الْآخِرَةِ حَسَنَةً
وَقِنَا عَذَابَ النَّارِ

Our Lord! Grant us good in this world
and in the hereafter, good
and save us from the punishment of the fire

[Qur'an 2:201]

Favourite du'as

Du'a for us to remain in iman

Rabbanaa la tuzigh quloobanaa
ba'da idh hadaitanaa
wa habb lanaa milladunka rahmah
innaka antal Wahhaab

رَبَّنَا لَا تُزِغْ قُلُوبَنَا
بَعْدَ إِذْ هَدَيْتَنَا
وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً
إِنَّكَ أَنْتَ الْوَهَّابُ

Our Lord! Let not our hearts deviate now,
after You have guided us,
but grant us mercy from Your own Presence;
For You are the Grantor of bounties without measure

[Qur'an 3:8]

Favourite du'as

Du'a to be saved from trials due to our faith

Rabbanaa wala tuhammilnaa maa laa taaqata lanaa bihi
wa'fu 'annaa waghfir lanaa
warhamnaa anta mawlanaa
fansurnaa 'alal-qawmil kaafireen

رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ
وَاعْفُ عَنَّا وَاعْفِرْ لَنَا
وَارْحَمْنَا أَنْتَ مَوْلَانَا
فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

Our Lord! Lay not on us a burden greater than we have strength to bear.

Blot out our sins, and grant us forgiveness.

Have mercy on us. You are our Protector;

So help us against those who oppose faith

[Qur'an 2:286]

Favourite du'as

Du'a for everyone's forgiveness

Rabbana-ghfir lee
wa li waalidayya
wa lil Mu'mineena
yawma yaqoomul hisaab

رَبَّنَا اغْفِرْ لِي O our Lord! Forgive me,
وَلِوَالِدَيَّ and my parents,
وَاللْمُؤْمِنِينَ and (all) believers,
يَوْمَ يَقُومُ الْحِسَابُ on the Day the Reckoning will be established.

[Qur'an 14:41]

Favourite du'as

Du'a for brotherhood

Rabbana-ghfir lanaa wa li 'ikhwanina-lladheena
sabaqoonaa bil eemani
wa laa taj'al fi quloobina
ghillal-lilladheena aamanu

رَبَّنَا اغْفِرْ لَنَا Our Lord! Forgive us,
وَلِإِخْوَانِنَا الَّذِينَ and our brethren who
سَبَقُونَا بِالْإِيمَانِ came before us into the Faith,
وَلَا تَجْعَلْ فِي قُلُوبِنَا And leave not, in our hearts,
غِلًّا لِلَّذِينَ آمَنُوا resentment against those who have believed

[Qur'an 59:10]

Favourite du'as

Du'a for light in our lives

Rabbanaa atmim lanaa nuranaa

waghfir lanaa

innaka 'alaa kulli shai-in qadeer

رَبَّنَا اَتْمِمْ لَنَا نُورَنَا Our Lord! Perfect our Light for us,

وَاعْفِرْ لَنَا and grant us Forgiveness:

إِنَّكَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ for indeed, You have power over all things

[Qur'an 66:8]

Favourite du'as

Du'a for mindfulness

Mu'adh (RA) reported: The Messenger of Allah (صلى الله عليه وسلم) took hold of my hand and said, “O Mu'adh! By Allah I love you, so I advise you to never forget to recite after every prayer:

اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ، وَشُكْرِكَ، وَحُسْنِ عِبَادَتِكَ

“Allâhumma a'innî alâ dhikrika, wa shukrika, wa husni 'ibâdatika

O Allah, help me remember You, to be grateful to You, and to worship You in an excellent manner”

(Abu Dawud, Book 16, Hadith 1422)

Favourite du'as

Du'as for useful knowledge and a blessed life

Allahumma innee as'aluka 'Ilman naafi'an,
wa rizqan tayyiban,
wa 'amalan mutaqabbalan

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا
وَ رِزْقًا طَيِّبًا
وَ عَمَلًا مُتَقَبَّلًا

O Allah, I ask you for knowledge that is of benefit,
a wholesome income,
and deeds that will be accepted.

[Ibn Majah and others]

Favourite du'as

Du'as for protection

A'udhu bikalimaati-llahit-taaamaati
min sharri maa khalaq

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ
مِنْ شَرِّ مَا خَلَقَ

I seek refuge in the perfect words of Allah

From the evil of what He has created.

(three times, after Fajr and Maghrib salah)

“...Then **not even poison would harm him that night.**”

(Ibn Hibban)

Favourite du'as

Comprehensive du'a for protection against weakness and problems in life

(three times, after Fajr and Maghrib salah)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ

O Allah! Truly I seek your protection from anxiety and sorrow,

Allahumma inni a'udhu bika minal-hammi wal hazn

وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ

And I seek your protection from helplessness and laziness,

Wa a'udhu bika minal 'ajzi wal kasl

وَأَعُوذُ بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ

And I seek your protection from cowardliness and miserliness,

Wa a'udhu bika minal jubni wal bukhl

وَأَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ

And I seek your protection from overwhelming of debt,

Wa a'udhu bika min ghalabat id-dayni

وَقَهْرِ الرِّجَالِ (ثَلَاثًا) •

and the tyranny of men

Wa qahrir-rijaal

The Prophet (s) said: "Should I not teach you words, which when you say them, Allah will remove your anxiety and will settle your debt?" (Abu Dawud)

Favourite du'as

Du'a for healing

(three times, after Fajr and Maghrib salah) (Abu Dawud)

اللَّهُمَّ عَافِنِي فِي بَدَنِي

O Allah! Grant me health in my body,

Allahumma 'aafinee fee badanee

اللَّهُمَّ عَافِنِي فِي سَمْعِي

O Allah! Grant me health in my hearing,

Allahumma 'aafinee fee sam'ee

اللَّهُمَّ عَافِنِي فِي بَصَرِي

O Allah! Grant me health in my sight

Allahumma 'aafinee fee basaree

Favourite du'as

Du'a during exams and other difficult times

اللَّهُمَّ لَا سَهْلَ إِلَّا مَا جَعَلْتَهُ سَهْلًا،
وَأَنْتَ تَجْعَلُ الْحَزْنَ إِذَا شِئْتَ سَهْلًا،

O Allah, there is no ease except in
that which You have made easy, and
You make difficulty, if You wish, easy.

[Ibn Hibban 327, Ibn As-Sunni 351]

Allahumma la sahla illaa ma ja'alta sahlana

Wa anta taj'alul hazna idhaa shi'ta sahlana

Favourite du'as

Du'as of forgiveness, especially in the last nights of Ramadan

Allahumma inni as'aluka al'aafiyah

Oh Allah, I ask you to erase my sins

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَافِيَةَ

Allahumma innaka afuwwun

tuhibbul 'afwa fa'fu anni

Oh Allah, You the Eraser of Sins,
You love to erase sins, so erase my sins

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Favourite du'as

The intimate du'a of forgiveness

Hadith: “The best of istighfar is to say: *Allahuma anta...* “Whoever says it in the evening with firm conviction, and then dies that night, will enter Paradise.” (Bukhari)

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ
خَلَقْتَنِي وَأَنَا عَبْدُكَ

O Allah! You are my Lord, there is no god but You.

وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ

You created me, and I am Your servant,

أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ

And I remain on Your pledge and Your promise as best as I can.

أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي

I seek protection with You against the evil that I have done.

فَاغْفِرْ لِي

I acknowledge Your blessings upon me, and I acknowledge my sin,

فَاغْفِرْ لِي

So forgive me

فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

– for surely none that can forgive sins but You.

Favourite du'as

Du'as for God's love

Allaahumma inni as'aluka hubbaka,
wa hubba man yuhibbuka,
wal-'amalalladhi yuballighuni hubbaka.
Allaahumm-aj'al hubbaka ahabba ilayya min
nafsee,
wa ahlee, wa minal-maa'il-baarid

اللهم إني أسألك حبك،
وحب من يحبك،
والعمل الذي يبلغني حبك،
اللهم اجعل حبك أحب إلي من
نفسي،
وأهلي، ومن الماء البارد

O Allah! I ask You for Your Love
and the love of those who love You,
and deeds which will cause me to attain Your
Love.
O Allah! Make Your Love dearer to me than
myself,
my family and the coolness of water

Favourite du'as

And don't forget to make your own du'as, using His Beautiful Names

- Ya Shafi (Healer), heal...
- Ya Ra'oof (Pitying) Ya Raheem (Merciful), have mercy and pity on the suffering people of ...
- Ya Aziz (Almighty) Ya Jabbaar (Compeller) Ya Qawi (Strong) Ya Adheem (Tremendous), help the people of..., end the war of..., stop the aggression of...
- Ya Wahhaab (Giver) Kareem (Noble and Generous), Ya Samad (dependable), I need...
- Ya Fattaah (The Opener), help me in succeeding in my exams...
- Ya Razzaaq (Provider), provide for my family...
- Ya Ghafur (Forgiver) Ya Raheem (Most Merciful) Ya 'Afuw (Eraser of sins), forgive...
- Ya Mu'min (Provider of security) Ya Muhaimin (the Watchful Guardian) keep us safe...
- Ya Salam (Source of Peace) bring me peace in my heart and mind... bring peace to...
- Ya Rahman (Overflowing in Love) Ya Wadood (Loving-Kind) grant me your love, grant me love for the Prophet (S), the Qur'an and...
- Ya Haadi (Guide), please help me decide... Help me to stay strong in faith. Guide so and so...

Favourite du'as

Advice of the Prophet (S):

“Whoever has the door to supplication open to them,
then they have the gates of mercy open to them.

Allah is not asked anything to be given more beloved to Him
than for someone to ask for well-being.

Du'a benefits in respect of what has happened
and what has not yet happened.

Therefore, worshippers of God, engage in du'a!”

(Sunan al-Tirmidhî (3548) and graded as a good hadîth by al-Albânî)